

SEN

NEWSLETTER

SUMMER
2026



WELCOME

Welcome to the Summer SEN newsletter!

The purpose of this newsletter is to inform our community about SEN and the range of support available to families.

SEN AT WICKHAM COMMON PRIMARY SCHOOL

As Wickham Common Primary School's Special Educational Needs Coordinator (SENCO), I am here to offer support and advice regarding SEN support for your child.

As a school, we value the engagement of our parents so please do not hesitate to get in touch if you have any questions.

You can find further information about our SEND provision on the school website:

<https://www.wickhamcommonprimaryschool.org/>



What's happening?

Monday 15th June 9am

SEND Summer Coffee Morning- Guest speaker Paul Cabb. Please sign up via Arbor.



Useful links

Did you know that Bromley offer free parenting courses? You can find out more here:

<https://www.bromley.gov.uk/parental-support/parenting-courses-online-seminars>

Bromley SEND

Bromley SEND Clubs and Events:

<https://www.bromley.gov.uk/send-leisure-activities-1/local-offer-activities>

Bromley Y free webinars:

<https://www.eventbrite.co.uk/o/bromley-y-31612643251>



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The Local Offer

The Bromley SEND Local Offer provides a central hub of information and support for children and young people with special educational needs or disabilities (0 to 25 years) and their families. It offers clear guidance on educational, health, and social care services, as well as links to local organisations and activities. You can find Bromley's Local Offer here:

<https://www.bromley.gov.uk/special-educational-needs-disability-send-local-offer>

SPOTLIGHT ON....

In this term's newsletter, we will spotlight on ADHD.

ADHD is a common neurodevelopmental condition that affects how children focus, manage impulses, and regulate activity levels.

What ADHD Can Look Like

ADHD shows up differently in each child, but common signs include:

- Difficulty paying attention or staying organized
- Forgetfulness or losing things often
- Acting impulsively or interrupting others
- High energy levels or trouble sitting still

Some children mainly struggle with attention, others with hyperactivity and impulsivity, and many experience a mix of both.



Did you know?

In the UK (England), about 5 % of children and young people are estimated to have ADHD – roughly 1 in every 20 – based on national health estimates.

For more information:
<https://adhduk.co.uk/>



In school

What Helps in the Classroom

- Clear routines and structure – predictable schedules help children feel secure and focused
- Simple, step-by-step instructions – breaking tasks into smaller chunks makes learning more manageable
- Movement breaks – short, planned opportunities to move can improve concentration
- Flexible seating or quiet spaces – allows pupils to regulate attention and reduce distractions
- Positive reinforcement – recognising effort and progress builds self-esteem
- Visual supports – timetables, checklists, and reminders support organisation