

Karate at Wickham Common Primary School: Years Reception – 6

Reception students welcome after October half term

Autumn term WC 3rd September 2024

Dear Parents/Guardians,



Exciting after school Karate club at Wickham Common!

Our school club sessions aim to build confidence, respect and resilience alongside teaching the karate syllabus in a fun and safe environment.

Sessions are led by professional instructor Sensei John Sideras, former England International, 3x English Champion, 1x British Champion, 3x Four Nations Grand Slam Champion, 30 years full time teaching experience and trainer of National/London Borough Youth Games Champions.

Dates

Friday 8th November – Friday 13th December (6 weeks)

3.25pm – 4.25pm

Cost and payment details

Autumn Term cost: £48 for 6 sessions. Payment must be made in advance of the Autumn Term. No refunds once place is given or for missed classes. Any session missed can be made up at a local venue at no extra cost.

Due to extreme popular demand and limited spaces, there will be a first come first serve basis. **A student's place will only be secured once payment has been made and the registration information has been completed via the link: <https://kaigaishii-sensei-john.clubm.mobi>** – select Register Now

A licence is mandatory for all reputable Martial Arts schools. Each student is registered with Karate England which includes their insurance. **You will receive a link to apply for this after registration is complete.** The cost varies depending on the month of applying (annual cost is £28 and renews on 30/09/25).

Termly fees are payable via bank transfer. Please use the account details below using the student's name as a reference.

Business account:

John Sideras Ta - Kaigaishii Karate Association

Sort code: 09-01-29

Account number: 14079160

Start-up pack

Includes club embroidered Gi (suit) bottoms, top, belt, hand pads and gum shield. **Only club embroidered suits are permitted** however there is no pressure to purchase the start-up pack; students are welcome to train in their PE kit before you commit to purchasing the starter pack. Please bring £39 cash in a secure envelope if you wish to purchase this from your instructor.

Gradings

Gradings are a formal assessment for students when we feel they have mastered the necessary techniques, focus, discipline and attitude to advance to the next belt level. They are held locally in Coney Hall at a cost of £28, which includes grading, belt presentation and certificate.

Our after-school clubs run for beginners to orange belt level. Specialised classes are available locally after this level. Classes are also available locally in Coney Hall for all students during the week. It is highly encouraged that students train more than once per week. Please contact instructor for more details.

Behaviour

Students are expected to behave in an appropriate manner with respect for teachers and fellow students; failure to do so can jeopardise the student's place in the club.

Kindest Regards,

Sensei John sideras

07908767826

senseijohnsideras@gmail.com

www.kaigaishii-karateschool.co.uk

Insta @kaigaishiikarate (Caterham, Coney Hall, Warlingham)

<http://facebook.com/kaigaishiikarateassociation>