



***Intent***

***Implementation***

***Impact***

PSHE (personal, social, health and economic) education is a subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps pupils to stay healthy, safe and prepared for life and work in modern Britain.

A rich and varied PSHE curriculum enables children to develop skills that will enable them to become well-rounded members of society.

Amongst other things, they gain knowledge and develop strategies of how to look after their own emotional wellbeing and mental health; learn about ways to manage their own feelings and behaviour; gain knowledge of how to keep themselves healthy; and be able to develop and maintain healthy and respectful relationships.

PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job, PSHE education helps pupils to manage many of the most critical

At Wickham Common, PSHE (including RSE) is taught weekly using the SCARF scheme which represents the values of Safety, Caring, Achievement, Resilience and Friendship. SCARF's whole-school approach promotes positive behaviour, mental health, wellbeing, resilience and achievement. Meeting all DfE requirements for statutory Relationships Education and Health Education, and mapped to the PSHE Association's Programme of Study, SCARF is a whole-school approach to promoting positive behaviour, safety, achievement and wellbeing.

We follow 6 half-termly units:  
**Me and My Relationships**  
**Valuing Difference Keeping Myself Safe Rights and Responsibilities Being My Best**  
**Growing and Changing**

Each half term the whole school will follow the same unit which builds on prior knowledge from previous units. Safe and secure learning environments are created where children can feel confident to share their ideas, values and

At Wickham Common Junior School, we measure the impact of our curriculum through the following methods:

- We have a strong belief that our PSHE curriculum is evident through the behaviour and attitude of the children in our school.
- Pupil Interviews (Formal)
- Pupil Voice (Informal)
- Learning walks
- Lesson observations
- Folder looks

The PSHE teaching at Wickham Common promotes our core Wickham Common Values.

- **Creative:** To be able to think outside the box and take risks. To be able to use their own ideas and imagination to solve problems and be original. To know that they are valued as individuals and members of the school community.
- **Resilient:** To be able to think of new ways to tackle problems and not give up. To keep going even when they find things difficult.
- **Open Minded:** To not let stereotypes hold them back. To work collaboratively

opportunities, challenges and responsibilities they will face growing up.

PSHE education helps children and young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships. PSHE education also helps pupils to develop skills and aptitudes — like teamwork, communication, and resilience — that are crucial to navigating the challenges and opportunities of the modern world, and are increasingly valued by employers.

attitudes without fear of negative feedback from their peers.

Lessons are adapted to suit the needs of the children at our school and are reviewed half- termly by the PSHE Lead, teaching staff and senior management. Before every topic begins, we email parents and share what the children will be learning and give them an opportunity to speak to staff about any concerns or questions they may have.

With more sensitive topics such as puberty and sex education, parents are invited to view teaching materials, including videos, so that they can be fully aware of what is being taught. Parents are free to withdraw their children from the Sex and Relationships aspects of the PSHE curriculum if they wish to do so. The only exceptions to this are the biological aspects of animal growth and reproduction that are essential elements of the Science National Curriculum.

and accept the ideas of others to work to a common goal. To realise that whilst others can be very different from themselves, they are open to hearing their experiences and opinions.

- **Friendly:** To be trustworthy, caring and kind to others. To develop friendships more deeply by using active listening skills and responding appropriately to the individual situations.
- **Tolerant:** To be respectful to others and to have the ability to consider other perspectives. To remember that even when they don't agree with something, they can still be respectful, non- judgemental and compassionate.
- **Optimistic:** To be positive, believe in their abilities and be aspirational about their futures.
- **Neighbourly:** To be helpful, friendly and kind to those around them. To think and act upon ways to help the community and the environment for today and the future.

Wickham Common Junior School wants every child to have an education that prepares them for life's challenges and opportunities. PSHE gives children an opportunity to develop skills and knowledge they need to flourish now and in the future.