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Case Study: Looking beyond the presenting issue

A referral was made to a Family Support Practitioner following concerns from a school about a child's persistent lateness and poor attendance. During conversations with the parent, it became clear that ongoing co-parenting difficulties following separation were contributing to wider challenges at home, including disagreements around routines, communication and parenting arrangements.



Rather than focusing solely on attendance, the practitioner explored the broader family context and used the Child's Viewpoint Quiz to encourage reflection on how parental conflict may be affecting the child's experiences and wellbeing. The Children's Role Card was also used to help the parent understand how children can become caught in the middle of adult disagreements.



These tools provided a valuable opportunity for the parent to see the situation from their child's perspective, recognise the emotional impact of ongoing tension, and consider positive changes that could support their child's wellbeing. This conversation helped shift the focus from the presenting concern to understanding and addressing the underlying factors affecting the family

Tools used to help parents reflect on their child's experiences and understand the impact of parental conflict.



Resources used: Child's Viewpoint Quiz



Young People Prompt Cards



A busy Summer of Reducing Violence and Conflict: Supporting parents, children and young people

It has been a busy and productive summer for the Reducing Violence and Conflict team, with a range of activities supporting both parents and young people across Bromley.

Over the summer, we delivered a three-week RPC workshop programme for parents, which was very well attended and included strong engagement from fathers, with men making up approximately 40% of participants. Parents responded positively to the practical strategies, resources and opportunities for reflection offered throughout the programme. Follow the link here or scan the QR code for more information on our RPC offer for parents.

"The child's perspective activities really made me think about how my child experiences conflict. It helped me see things through their eyes and understand the difference small changes in communication can make." Daniel, Ellie's dad



We also worked with young people attending the Holiday Activities and Food (HAF) programmes through Youth Services, delivering five interactive workshops focused on healthy relationships, self-esteem and positive online communication. Young people took part in a range of creative and engaging activities, including developing their own "group chat rules", creating posters promoting respectful communication, and participating in movement-based exercises designed to build confidence and self-esteem. The sessions encouraged young people to reflect on what healthy friendships and relationships look like, and how to communicate respectfully both online and offline. These workshops provided valuable opportunities to equip young people with relationship skills that can support their wellbeing both now and in the future.



Our brand-new digital hub for
young people is here.
www.reconnect-bromley.co.uk

